

Public Lecture: Lessons from Grenfell Tower Fire

Mind HK is dedicated to bringing international best practices to Hong Kong and continuing to inform and enrich our services. First up in 2026, we are delighted to invite **Prof. Jennifer Wild**, renowned for her **trauma intervention** work in multiple major international crises, and **Dr the Honourable LAM Ching-choi**, GBS, JP, Chairman of the Advisory Committee on Mental Health, to lead an **insightful discussion** and learn from the Grenfell Tower Fire incident.

Trauma-related symptoms can present in diverse and complex ways. While local crises demand immediate action, **evidence from international disasters provides a roadmap for what works and what doesn't**. Join us to explore how trauma care can be adapted and applied **across different cultural contexts, occupational settings, and populations**.

- ✓ Evidence-based intervention
Applicable to all traumatic events
- ✓ Real life international case studies
Experience from international expert



Speaker:
Prof. Jennifer WILD

Professor Fellow at the
University of Melbourne



**Moderator: Dr the Honourable
LAM Ching-choi, GBS, JP**

Chairman of the Advisory
Committee on Mental Health



23 Jan 2026

(2 - 5 PM)



**Lecture Theatre,
HKEC Training Centre for
Healthcare Management
and Clinical Technology**

Pamela Youde Nethersole
Eastern Hospital
3 Lok Man Road, Chai Wan



**Zoom live streaming
available**



English



CE Points:

CME/ CNE/ CPD Pending



Free



**First come, first served.
Reserve your seat NOW!**

Organiser:



Co-organisers:



What you will learn

Public Lecture: Lessons from Grenfell Tower Fire (3 hours)

23 Jan
(Fri)
2 - 5 pm

International expertise in
large-scale disaster
response

- Key insights from the Grenfell Tower fire response
- How to adapt trauma-informed care across different cultural and occupational settings
- Real-world experience: engaging with Indonesian and Filipino health and social care professionals

Also available for sign-up:

Evidence-Based Trauma Care After Disaster:

Clinical Interventions for Trauma and Loss (21-23 Jan)



Free certificated training available!

From screening to intervention.
Join us for the complete trauma care journey.



→ REGISTER NOW



Professionals across disciplines are welcome to join!

Psychiatrists, Psychologists, Social Workers, Counsellors, Psychiatric Nurses, Occupational Therapists, Crisis Intervention and Trauma Practitioners, Other allied health professionals involved in post-disaster care

Meet our speaker and moderator

Gain insights from world-leading experts



Speaker:
Prof. Jennifer WILD

Prof. Jennifer Wild is a Professorial Fellow at the University of Melbourne and a Visiting Professor of Experimental Psychology at the University of Oxford. She is internationally recognised for developing interventions that prevent and treat **post-traumatic stress disorder (PTSD)** and **depression** among trauma-exposed populations, including healthcare workers, first responders, military personnel, and disaster survivors.

Prof. Wild's research focuses on identifying cognitive and behavioural mechanisms that maintain PTSD and depression, and translating these findings into scalable, evidence-based interventions. Her groundbreaking work includes **Cognitive Therapy Coaching for PTSD and depression**, as well as **Internet-delivered Cognitive Training in Resilience (iCT-R)** — the first programme proven to prevent PTSD and major depressive disorder in paramedics.

Prof. Wild has provided expert consultation and support following major international crises, including the **Chilean miners disaster**, the **2004 Asian tsunami**, the **Tham Luang Cave incident**, the **Boston bombings**, and the **Grenfell Tower fire**. In 2025, she also delivered training and supervision to clinicians following the **Southport attack** and on Mental Health Care following Catastrophes and Emergencies.

Her work has influenced **NICE (UK) guidelines** and has been implemented nationally and internationally through organisations such as **Mind UK**, and in **Singapore** and **Australia**. She is the author of more than **100 peer-reviewed publications and two books**, including *Be Extraordinary: 7 Key Skills to Transform Your Life from Ordinary to Extraordinary*.

Dr the Honourable LAM Ching-choi, GBS, JP is the **Chairman of the Advisory Committee on Mental Health**, a specialist in paediatric and community medicine and is currently Chief Executive Officer of Haven of Hope Christian Service.

With his **extensive knowledge of local public health policies and services**, Dr Lam has sat on **multiple statutory and advisory bodies**. He is a non-official member of the Executive Council of the HKSAR Government. Prior to his current position as the Chairman of the Advisory Committee on Mental Health, he served the Elderly Commission for almost 20 years, and he was once the Chairman of the Commission. He now also serves the Council for Carbon Neutrality & Sustainable Development, the Primary Healthcare Committee, the Healthcare & Wellness Training Board of the Vocational Training Council, the Industry Training Advisory Committee of Elderly Care Service and the Independent Commission Against Corruption Complaints Committee. He is also a member of the Green Technology & Finance Development Committee as well as the HK Housing Society to provide advice to the government on various policies.

Dr Lam was honoured by the HKSAR Government with the **Justice of the Peace** in 2003 and the **Gold Bauhinia Star** in 2025. In 2018, apart from receiving Honorary Fellowship from Lingnan University, he also received the Ageing Asia Global Ageing Influencer Award (Special Recognitions) and Smart Ageing Leader Award 2024 in recognition of his devotion to public services and his influence on policy-making for the global ageing trend.



Moderator:
Dr the Honourable
LAM Ching-choi, GBS, JP